

Woodstock Recreation Presents.....



**Gentle Yoga**  
**with Sara Gustavesen from InsideOut Wellness**

**Monday Evenings**  
**6:30 to 7:45 p.m.**  
**@**

**Hyde School Cultural Center, Rte 169, Woodstock**  
**April 4 through May 9, 2011**  
**(6 Weeks)**

**Cost: \$65 pp**

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**Name:**\_\_\_\_\_ **Phone:**\_\_\_\_\_

**Address:**\_\_\_\_\_

**Email:**\_\_\_\_\_

**Disclaimer:** I, \_\_\_\_\_ will not hold the Woodstock Recreation Committee, including its representatives of the Town of Woodstock, nor the Town of Woodstock, including its representatives, liable for any injury sustained by me or our/my child while participating in the Gentle Yoga Program sponsored by the Woodstock Recreation Committee.

**SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_  
Parent Must Sign for Child Under The Age of 18

**Printed Name:**\_\_\_\_\_ **Emergency Contact:**\_\_\_\_\_

Check payable to "WRC". Submit payment and registration form to WRC, 415 Route 169, Woodstock, CT 06281 prior to April 4, 2011. For more information contact the Recreation Department at 860-315-5175.