

Woodstock Recreation Presents.....



**Gentle Yoga**  
with Sara Gustavesen from InsideOut Wellness

**Monday Evenings**  
**6:30 to 7:45 p.m.**

**@**

**Woodstock Elementary School Gym**  
**May 16 through June 20, 2011** (No class on May 30)  
(5 Weeks)

**Cost: \$55 pp**

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Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

**Disclaimer:** I, \_\_\_\_\_ will not hold the Woodstock Recreation Committee, including its representatives of the Town of Woodstock, nor the Town of Woodstock, including its representatives, liable for any injury sustained by me or our/my child while participating in the Gentle Yoga Program sponsored by the Woodstock Recreation Committee.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_  
Parent Must Sign for Child Under The Age of 18

Printed Name: \_\_\_\_\_ Emergency Contact: \_\_\_\_\_

Check payable to "WRC". Submit payment and registration form to WRC, 415 Route 169, Woodstock, CT 06281 prior to May 13, 2011. For more information contact the Recreation Department at 860-315-5175.