



TVCCA CAFÉ MENU NOVEMBER 2017





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1% milk and whole grain bread are served with each meal. Menu is subject to change without notice.</p>		<p>1 Swedish Meatballs Buttered Noodles Chuck Wagon Vegetables Fresh Orange</p>	<p>2 Baked Haddock w/ salsa Spanish Rice Capri Vegetable Medley Applesauce Cup</p>	<p>3</p>
<p>6</p>	<p>7 Philly Cheese Steak w/ roll Tater Tots Chuck Wagon Vegetables Fresh Fruit</p>	<p>8 Crispy Cod Patty Macaroni & Cheese Stewed Tomatoes Sweet Treat & Juice</p>	<p>9 BBQ Pulled Pork w/ roll Baked Beans Mixed Vegetables Pineapple Cup</p>	<p>10 Veterans Day Holiday</p> 
<p>13</p>	<p>14 Beef Stew w/ diced vegetables Brown Rice Italian Vegetable Medley Pears w/ mandarin oranges</p>	<p>15 <u>Thanksgiving Celebration Meal</u> <i>Roasted Turkey w/ Gravy</i> <i>Stuffing & Cranberry Sauce</i> <i>Mashed Potatoes</i> <i>Butternut Squash</i> <i>Pumpkin Pie & Juice</i> <i>Whole Wheat Roll</i></p> 	<p>16 Lemon Herb Haddock Scalloped Potatoes Green Beans Applesauce Cup</p>	<p>17</p>
<p>20</p>	<p>21 Cheese Manicotti w/ marinara Peas Zucchini Pineapple Cup</p>	<p>22 Chicken Masala Rice Pilaf Mixed Vegetables Birthday Sweet Grape Juice</p> <p><u>Birthday Celebration</u></p>	<p>23 Thanksgiving Holiday</p>  <p>Senior Nutrition Program Closed</p>	<p>24 Thanksgiving Holiday</p>
<p>27</p>	<p>28 BBQ Chicken Roasted Potatoes Mixed Vegetables Applesauce Cup</p>	<p>29 Meatloaf w/ gravy Garlic Mashed Potatoes Green Beans & Diced Tomatoes Sweet Treat & Juice</p>	<p>30 Chicken Stew Buttered Shells Chuck Wagon Vegetables Fresh Orange</p>	<p>Senior Nutrition Program 81 Stockhouse Road Bozrah, CT 06334 860-886-1720</p> <p>(24hr voice mail available)</p> <p>www.tvcca.org</p>